

**WELSH ATHLETICS ATHLETAU CYMRU
& WELSH SCHOOLS ATHLETIC ASSOCIATION**

JOINT COMBINED EVENTS CHAMPIONSHIPS
SATURDAY 29TH SEPTEMBER 2026 - CARMARTHEN



TRACK

No	Age	Event	Athletes	Heats	Start
T01	U18M	110m Hurdles	8	1	11:00
T02	U16B	100m Hurdles	9	2	11:20
T03	U16G	80m Hurdles	18	3	
T04	U14B	80m Hurdles	20	3	12:00
T05	U14G	75m Hurdles	11	2	
T06	U18W	100m Hurdles	21	3	
T07	U16B	200m	19	3	
T08	U18M	200m	33	5	
T09	U14G	800m	18	3	
T10	U18M	800m	11	2	
T11	U16B	800m	21	3	
T12	U16G	800m	19	3	
T13	U14B	800m	18	3	
T14	U18W	800m	33	5	

FIELD

No	Age	Event	Athletes	Pools	Start
F01	U16G	Long Jump	22	2	11:00
F02	U18W	High Jump	15	1	11:00
F03	U14G	Shot Put 2.72kg	20	2	11:00
F04	U16B	Shot Put 4.00kg	21	2	
F05	U18M	Long Jump	8	1	
F06	U14B	Long Jump	13	1	
F07	U16G	Shot Put 3.00kg	22	2	
F08	U18W	Long Jump	15	1	
F09	U14B	Shot Put 3.00kg	13	1	
F10	U14G	Long Jump	20	2	
F11	U16B	Long Jump	21	2	
F12	U18M	Shot Put 5.00kg	8	1	
F13	U16G	High Jump	22	2	
F14	U18W	Shot Put 3.00kg	15	1	

FIRST EVENT START TIME DISPLAYED

**AFTER EACH EVENT END THE NEXT EVENT START WILL BE 30 MINUTES LATER
EVERY NEXT START TIME WILL BE ANNOUNCED AFTER FIELD REFEREE HAS AGREED
THE TIMETABLE BECOMES A ROLLING START TIMETABLE AFTER EACH FIRST EVENT**

POOLS WILL BE USED FOR AGE GROUPS ENTRIES OF 16 AND OVER

TRACK RACES WILL BE SEEDED RANDOMLY

8 MAX PER RACE FOR HURDLES AND 200M

800M HEATS SEEDED BY POINTS ORDER

IF MORE THAN 1 RACE HIGHEST POINTS SCORERS WILL RUN LAST

REGISTRATION WILL CLOSE 60 MINUTES PRIOR TO EVERY AGE GROUP EVENT START

U16G - U18M - U18W - U14G: WILL CLOSE AT 10:00

U16B WILL CLOSE AT 10:20

U14B WILL CLOSE AT 11:00